



Strips & Squares

QUILT

Finished Block Size: 8"



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Material Requirements:

	Throw (Cover Quilt) 56" x 64"	Twin 64" x 88"	Queen 88" x 96"	King 104" x 96"
Fat Quarters or ¼ yards	13 Fat Quarters or 14 assorted ¼ yards	20 Fat Quarters or 21 assorted ¼ yards	30 Fat Quarters or 32 assorted ¼ yards	36 Fat Quarters or 37 assorted ¼ yards
Backing	3 ¾ yards	5 ½ yards	8 yards	9 ½ yards
Binding	½ yard	¾ yard	¾ yard	1 yard
Blocks in Layout	56	88	132	156

* There is very little waste when cutting. You may want to start with extra fabric in case of a miscut. This assumes you have 21" of usable fabric for the fat quarters, and 42" for the ¼ yards.

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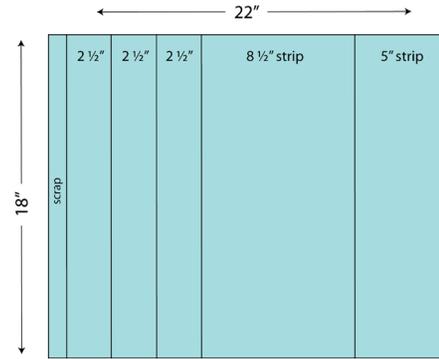
Before you begin:

- Please read through all of the instructions.
- All seam allowances are ¼". The assumed width of fabric is 42", and 21" for fat quarters.
- "Right sides together" has been abbreviated to "RST".
- "Width of the fabric" has been abbreviated to "WOF".

Cutting Instructions:

1. If you are starting with Fat Quarters:

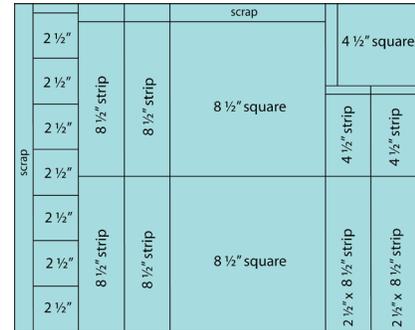
A. Cut each fat quarter as shown in the first image.



B. Sub-cut each of the strips as shown in the diagram.

When finished cutting, you should have:

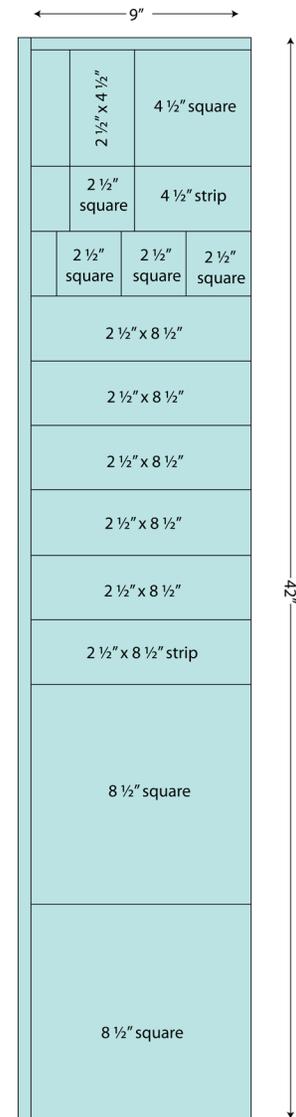
2 squares $8\frac{1}{2}$ ", 1 square $4\frac{1}{2}$ ", 2 strips $2\frac{1}{2}$ " x $4\frac{1}{2}$ ",
6 strips $2\frac{1}{2}$ " x $8\frac{1}{2}$ ", and 6 or 7 squares $2\frac{1}{2}$ ".



2. If you are starting with $\frac{1}{4}$ yards:

A. Cut each $\frac{1}{4}$ yard into an $8\frac{1}{2}$ " x 42 " strip.

B. From the strip cut 2 squares $8\frac{1}{2}$ ", 6 strips $2\frac{1}{2}$ " x $8\frac{1}{2}$ ", 1 square $4\frac{1}{2}$ ",
2 strips $2\frac{1}{2}$ " x $4\frac{1}{2}$ ", and 4 squares $2\frac{1}{2}$ " as shown.



3. From the binding fabric cut:

	Throw	Twin	Queen	King
$2\frac{1}{2}$ " x WOF strips:	7	8	10	11

Assemble the Blocks:

1. Choose a 4 1/2" square and sew a 2 1/2" x 4 1/2" strip from a different fabric onto each side of the square. Press out. Repeat with a 2 1/2" x 8 1/2" strip on the top and bottom. Press out. Repeat until all of these pieces are gone. Make 1 of these blocks for each fat quarter or 1/4 yard you cut.



2. Sew the remaining 2 1/2" x 8 1/2" strips into sets of 4 until they are gone. I like to press my seams open.



3. Sew the 2 1/2" squares together into 16 patch blocks. Sew the squares into rows of 4 first and press, alternating the pressing direction for each row (or press seams open). Sew the rows together to make a block and repeat until the squares are gone. There aren't many of these blocks...but if you want more variety in your quilt you can always make some more with scrap squares!



Quilt Assembly:

	Throw	Twin	Queen	King
Total blocks and 8 ½" squares:	56	88	132	156
Blocks in each row:	7	8	11	13
Number of rows:	8	11	12	12

1. Layout the blocks and 8 ½" squares randomly using the table above.
2. Sew the blocks into rows and press, alternating pressing directions with each row. Sew the rows together and press. If you are sewing a larger size, you may find it easier to layout and sew one quadrant at a time, then sew the 4 quadrants together to make the large quilt top. It's like making 4 baby quilts and sewing them together to make the large quilt, and can be much easier to sew together with less bulk under the sewing machine.



Finish the Quilt:

1. For the Throw & Twin, cut the length of the backing in half, making 2 equal pieces. For the Queen & King size, cut the length of the backing in 3 equal pieces. Trim selvages, and sew a selvage end from each piece RST.
2. Layer the quilt top, batting, and backing. Baste and quilt as desired.
3. Trim away the excess batting/backing, and bind. A free guide to finishing your quilt can be found at cluckclucksewpatterns.com under the Wholesale tab.

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